

**REPORT OF COLLEGE EVENT/ACTIVITY**

Academic Year: 2021-22

Semester:II

|    |   |  |                     |
|----|---|--|---------------------|
| 1  | <b>Name of the Activity/Event</b>         | A Webinar on Nutritional Health For Women In Engineering Field under Women's Forum   |                     |
| 2  | <b>Date of Activity/Event</b>             | 16 <sup>th</sup> June 2021   |                     |
| 3  | <b>Organized by/Name of the committee</b> | CSE  |                     |
| 4  | <b>Place of Activity /Event</b>           | Online through ZOOM app  |                     |
| 5  | <b>Resource person/guest/organization</b> | Mrs.Sandhya Solomon, Microbiologist, Virus Diagnostic Lab, Health & Fly Welfare Services, Govt Of Karnataka  |                     |
| 6  | <b>Type of Activity/Event</b>             | Webinar  |                     |
| 7  | <b>Activity/Event objectives</b>          | <ul style="list-style-type: none"><li>• Main objective of nutrition health is to reinforce specific nutrition-related behaviors to change habits that contribute to poor health;</li><li>• The main aim of nutritious food provide body and mind with the energy needed to grow, feel well, be active, stay healthy and learn.</li><li>• Learn diet condition, quantity, quality of nutrition food</li></ul> |                     |
| 8  | <b>Participation&amp; Involved By</b>     | Involved By  | Total Participation |
|    |   | <b>II CSE I &amp; II</b>   | <b>52</b>           |
| 9  | <b>General remarks</b>                    | 1.Students must be more interactive<br>2.Career opportunities must be attained<br>3.Team development must be initiated   |                     |
| 10 | <b>Suggested improvements</b>             | 1. Must have good resources<br>2. Audio frequency must be improved.  |                     |
| 11 | <b>Enclosures</b>                         | 1.Photos<br>2.Signature forms<br>3.Backdrop Flex and e-mail communications   |                     |
| 12 | <b>Signature of In-charge/Convener</b>    |  |                     |